



MIC ARTS AND SCIENCE COLLEGE

ATHANIKKAL, VALLUVAMBRAM P.O,

MALAPPURAM, KERALA-673642

8304831094, 89214 36525

mail@miccollege.in

miccollege.in

Affiliated to University of Calicut,

Recognized by Govt. of Kerala

Recognized by UGC under Section 2(f)

An ISO 9001:2015 ISO Certified Institution

Report of Activities of Women Development Cell for the year 2024-2025

1. Name of the Institution : MIC ARTS AND SCIENCE COLLEGE, ATHANIKKAL
2. Name of Principal : Mr. Abdul Rasheed.P
3. Name of Lecturer in Charge : Ms. Najmathulhuda. N. E
4. Name of President : Ms. Lubna. K
Treasurer (if any) : -
5. Total Number of Activities : 5
conducted under the auspices of
WDC
6. List of Activities : Attached
(Attach separate sheet if needed)
7. List of the Resource persons invited : 1. Ayana Mohan(Spokesperson ,Business Development
and the topics handled by them Associate, Talrop)
(Attach separate sheet if needed) 2. Saritha. K(Vice Principal, Al Shifa College of Arts and
Science, Kizhattoor, Perinthalmanna, & International
Trainer, JCI)
8. Remarks of Lecturer in charge : The Women's Development Cell (WDC) has been functioning
about the functioning of the WDC effectively, fostering awareness and empowerment among
(Effectiveness, Level of participation students. The level of participation from both students and
and interest of Student s & amp; teachers has been commendable, with enthusiastic
Teachers, involvement in discussions and activities. However, some
Difficulties encountered etc.) challenges have been encountered, such as hesitation among
students to openly discuss sensitive issues and occasional
logistical constraints in organizing sessions. Despite these, the
WDC has made a positive impact, ensured a supportive
environment and addressed key concerns related to women's
welfare. Continued efforts and improved engagement
strategies will further enhance its effectiveness.
9. Other observations if any : Planning to conduct a program on International Women's Day
(Attach separate sheet if needed)

Name & Signature of the Principal

Najmathulhuda. N.E

Name Signature of Lecturer in Charge

Women Development Cell

Date: 18/07/2024

EmpowerHer

(Pre-placement Talk and On Campus Drive)

A pre placement talk and on campus drive titled “EmpowerHer” was conducted by Women Development Cell, MICAS College in collaboration with ‘thefemme.org’ and Talrop, Kochi on 18th July 2024 at AV Hall (10:30-12:30). The program was welcomed by Mrs. Najmathulhuda. N. E, WDC Coordinator and the presided by the Principal, Mr.Abdul Rasheed. P. The Orientation session was led by Ms. Ayana Mohan and Mr. Shafeer (Spokesperson, Talrop) followed by the selection process, a one to one interview, for the placement of Talrop. The program was exclusively for girls and a vocation oriented pathway.



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WOMEN DEVELOPMENT CELL
In collaboration with
thefemme.org TALROP

**PRE-PLACEMENT TALK AND
ON CAMPUS PLACEMENT DRIVE
“EmpowerHer”**

2024 JULY 18 10:30AM
THURSDAY AV HALL

ABDUL RASHEED P
(Principal, MIC College)
www.talrop.com

AYANA MOHAN
(Business Development Associate, Talrop)
www.thefemme.org



Date: 28/11/2024

Women's Empowerment Matters

Talk cum Interactive Session

The Women Development Cell organized a Talk cum Interactive Session on "Women's Empowerment Matters" on 28th November 2024 from 10:00 AM to 11:30 AM in the AV Hall. The session was led by Saritha K, an International Trainer from JCI. The program began with a warm welcome address delivered by Mrs. Najmathulhuda N.E., the Women Development Cell (WDC) Coordinator. Following this, Principal, Mr. Abdul Rasheed P, inaugurated the session. Mr. Faisal Shabab. P, the Academic Coordinator, who highlighted the significance of the topic and felicitated the event. Ms. Shalna AK, student from second year English compered the event.

The main session was led by Mrs. Saritha K, an International Trainer from JCI, also Vice Principal of Al Shifa Arts and Science college, Perinthalmanna, who captivated the audience with her insights and expertise. The event concluded with a heartfelt vote of thanks by Mrs. Lubna K., a member of the WDC, expressing gratitude to all participants and contributors. The program, organized by the Women Development Cell, was a resounding success. Around 60 plus students and various teachers attended the session.




WOMEN DEVELOPMENT CELL
(WDC)

TALK CUM INTERACTIVE
SESSION ON


WOMEN'S EMPOWERMENT MATTERS

RESOURCE PERSON



SARITHA, K
Vice Principal,
Al Shifa College, Perinthalmanna,
& International Trainer, JCI

INAUGURATION



ABDUL RASHEED P
Principal,
MIC Arts & Science College
Athanikkal

28 NOVEMBER
2024 | **THURSDAY**
10 AM-11.30 AM | AV HALL

427P+33V, Vellur Mele Mukku - Pokkad Road, Pookkottur, Kerala 676517, India

Pookkottur
Kerala
India

29°C
84°F

2024-11-28(Thu) 10:25(am)

Women Development Cell

Establishment of Student Wing for Women Empowerment

The Women Development Cell of MIC Arts and Science College successfully organized an event to establish a Student Wing for Women Empowerment. The initiative aims to create a safe and supportive space where students can openly recognize and report the challenges faced by girls in the college community.

The event commenced highlighting the importance of women's empowerment in educational institutions. Faculty members and student representatives discussed various challenges faced by female students, including safety concerns, gender biases, and academic or personal struggles.

During the session, students were encouraged to come forward with their concerns and suggestions, ensuring their active participation in shaping a more inclusive environment. A core team of students was selected to lead the wing, acting as a bridge between students and the Women Development Cell.

The selected heads:

- 1) Shalna. A. K(2nd Year BA English)
- 2) Siya Nasnin K M(2nd BA Mass Communication)
- 3)Najla. K. P (2nd BA Politics)

WDC Launches Essential Items Basket

Women Development Cell took the initiative to collect essential items for girl students to ensure they have access to necessities during emergencies and urgent situations. This effort was carried out under the WDC's objective of supporting students' well-being and promoting a safe and comfortable environment on campus.

A designated WDC basket was introduced, stocked with essential items such as:

- Sanitary napkins
- Basic hygiene products (soap, hand sanitizer, tissues, etc.)
- First-aid supplies
- Emergency stationery items
- Other urgent necessities requested by students

The collection drive received enthusiastic support from faculty members and students, with many contributing generously to ensure the initiative's success. The WDC basket has been placed at a convenient and accessible location where students in need can discreetly access these items.

This initiative aims to provide immediate assistance to students during emergencies. Ensuring that no student faces discomfort due to the unavailability of essential items. Also promote awareness about personal hygiene and self-care. Moving forward, WDC will continue to monitor and replenish the basket regularly to ensure its availability and effectiveness.



WDC Conducts Awareness Sessions on Menstrual Hygiene and Sanitation

The Women Development Cell (WDC) successfully conducted awareness classes on menstrual hygiene and sanitation across classes, aiming to educate and sensitize students on the importance of maintaining proper menstrual health. The sessions were led by WDC members, class teachers including both female students and teachers, ensuring an open and informative discussion on the topic.

To reach all students effectively, messages regarding menstrual hygiene, safe practices, and sanitation were circulated through individual class sessions. Importance of maintaining hygiene during menstruation, proper disposal methods for sanitary products, breaking myths and misconceptions surrounding menstruation and encouraging a supportive and stigma-free environment for discussing menstrual health were the key points discussed there.

The initiative received a positive response from students, with active participation and discussions. Many students shared their concerns and clarified doubts, making the sessions highly interactive and impactful. By conducting these awareness classes, WDC has taken a crucial step towards empowering students with knowledge and ensuring that menstrual health is addressed openly and responsibly within the college community. We will continue to organize such initiatives to promote health and hygiene awareness among students.