

# MIC ARTS AND SCIENCE COLLEGE

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Recognized by Govt. of Kerala
Recognized by UGC under Section 2(f)
An ISO 9001:2015 ISO Certified Institution

#### Report of Activities of Women Development Cell for the year 2024-2025

1. Name of the Institution

MIC ARTS AND SCIENCE COLLEGE, ATHANIKKAL

2. Name of Principal

: Mr. Abdul Rasheed.P

3. Name of Lecturer in Charge

: Ms. Najmathulhuda. N. E

Name of President

: Ms. Lubna. K

Treasurer (if any)

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 Total Number of Activities conducted under the auspices of WDC : 5

List of Activities
 (Attach separate sheet if needed)

: Attached

 List of the Resource persons invited and the topics handled by them (Attach separate sheet if needed)

- Ayana Mohan( Spokesperson , Business Development Associate, Talrop)
- Saritha. K(Vice Principal, Al Shifa College of Arts and Science, Kizhattoor, Perinthalmanna, & International Trainer, JCI)
- Remarks of Lecturer in charge
  about the functioning of the WDC
  (Effectiveness, Level of participation
  and interest of Student s & Difficulties encountered etc.)

The Women's Development Cell (WDC) has been functioning effectively, fostering awareness and empowerment among students. The level of participation from both students and commendable. with enthusiastic teachers has been involvement in discussions and activities. However, some challenges have been encountered, such as hesitation among students to openly discuss sensitive issues and occasional logistical constraints in organizing sessions. Despite these, the WDC has made a positive impact, ensured a supportive environment and addressed key concerns related to women's welfare. Continued efforts and improved engagement strategies will further enhance its effectiveness.

 Other observations if any (Attach separate sheet if needed) Planning to conduct a program on International Women's Day

Name & Signature of the Principal

Najmathulhuda. N.E ajada

Name Signature of Lecturer in Charge

## Women Development Cell

Date: 18/07/2024

#### **EmpowerHer**

(Pre-placement Talk and On Campus Drive)

A pre placement talk and on campus drive titled "EmpowerHer" was conducted by Women Development Cell, MICAS College in collaboration with 'thefemme.org' and Talrop, Kochi on 18th July 2024 at AV Hall (10:30-12:30). The program was welcomed by Mrs. Najmathulhuda. N. E, WDC Coordinator and the presided by the Principal, Mr.Abdul Rasheed. P. The Orientation session was led by Ms. Ayana Mohan and Mr. Shafeer (Spokesperson, Talrop) followed by the selection process, a one to one interview, for the placement of Talrop. The program was exclusively for girls and a vocation oriented pathway.







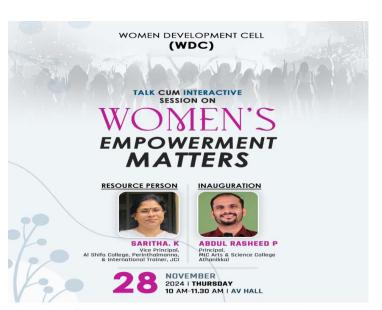
Date: 28/11/2024

#### **Women's Empowerment Matters**

Talk cum Interactive Session

The Women Development Cell organized a Talk cum Interactive Session on "Women's Empowerment Matters" on 28th November 2024 from 10:00 AM to 11:30 AM in the AV Hall. The session was led by Saritha K, an International Trainer from JCI. The program began with a warm welcome address delivered by Mrs. Najmathulhuda N.E., the Women Development Cell (WDC) Coordinator. Following this, Principal, Mr. Abdul Rasheed P, inaugurated the session. Mr. Faisal Shabab. P, the Academic Coordinator, who highlighted the significance of the topic and felicitated the event.Ms. Shalna AK , student from second year English compered the event.

The main session was led by Mrs. Saritha K., an International Trainer from JCI, also Vice Principal of Al Shifa Arts and Science college, Perinthalmanna, who captivated the audience with her insights and expertise. The event concluded with a heartfelt vote of thanks by Mrs. Lubna K., a member of the WDC, expressing gratitude to all participants and contributors. The program, organized by the Women Development Cell, was a resounding success. Around 60 plus students and various teachers attended the session.









## **Women Development Cell**

### Establishment of Student Wing for WDC Launches Essential Items **Women Empowerment**

The Women Development Cell of MIC Arts and Science College successfully organized an event to establish a Student Wing for Women Empowerment. The initiative aims to create a safe and supportive space where students can openly recognize and report the challenges faced by girls in the college community.

The event commenced highlighting the importance of women's empowerment in educational institutions. Faculty members and student representatives discussed various challenges faced by female students, including safety concerns, gender biases, and academic or personal struggles.

During the session, students were encouraged to come forward with their concerns and suggestions, ensuring their active participation in shaping a more inclusive environment. A core team of students was selected to lead the wing, acting as a bridge between students and the Women Development Cell.

The selected heads:

- 1) Shalna. A. K(2nd Year BA English)
- 2) Siya Nasnin K M(2nd BA Mass Communication)
- 3) Najla. K. P (2nd BA Politics)

# **Basket**

Women Development Cell took the initiative to collect essential items for girl students to ensure they have access to necessities during emergencies and urgent situations. This effort was carried out under the WDC's objective of supporting students' well-being and promoting a safe and comfortable environment on campus.

A designated WDC basket was introduced, stocked with essential items such as:

- Sanitary napkins
- Basic hygiene products (soap, hand sanitizer, tissues, etc.)
- First-aid supplies
- Emergency stationery items
- Other urgent necessities requested by students

The collection drive received enthusiastic support from faculty members and students, with many contributing generously to ensure the initiative's success. The WDC basket has been placed at a convenient and accessible location where students in need can discreetly access these items.

This initiative aims to provide immediate assistance to students during emergencies. Ensuring that no student faces discomfort due to the unavailability of essential items. Also promote awareness about personal hygiene and self-care. Moving forward, WDC will continue to monitor and replenish the basket regularly to ensure its availability and effectiveness.

## WDC Conducts Awareness Sessions on Menstrual Hygiene and Sanitation

The Women Development Cell (WDC) successfully conducted awareness classes on menstrual hygiene and sanitation across classes, aiming to educate and sensitize students on the importance of maintaining proper menstrual health. The sessions were led by WDC members, class teachersincluding both female students and teachers, ensuring an open and informative discussion on the topic.

To reach all students effectively, messages regarding menstrual hygiene, safe practices, and sanitation were circulated through individual class sessions. Importance of maintaining hygiene during menstruation, proper disposal methods for sanitary products, breaking myths and misconceptions surrounding menstruation and encouraging a supportive and stigma-free environment for discussing menstrual health were the key points discussed there.

The initiative received a positive response from students, with active participation and discussions. Many students shared their concerns and clarified doubts, making the sessions highly interactive and impactful. By conducting these awareness classes, WDC has taken a crucial step towards empowering students with knowledge and ensuring that menstrual health is addressed openly and responsibly within the college community. We will continue to organize such initiatives to promote health and hygiene awareness among students